The background features a white central area with decorative elements. At the top, there are stylized fireworks in white and gold. A large, sweeping gold arc curves from the left towards the center. To the right of this arc is a red stylized figure of a person in motion, reaching upwards. The text '2023 JERSEY SPORT & MOVE MORE JERSEY AWARDS' is centered in the white area. The bottom of the page is divided into red and gold curved sections.

**2023 JERSEY SPORT  
& MOVE MORE JERSEY  
AWARDS**



# Welcome



Welcome to this evening's Jersey Sport and Move More Jersey Awards. We are delighted to welcome our guests and friends from the local sport and active living community to recognise the achievements of all our award nominees and winners.

I would like to express my sincere thanks to Atlantic rowers Peter Wright and Steve Hayes for stepping in tonight as our guest speakers.

Thank you to all our Award sponsors: Ocorian Trustees, Aztec group, AtkinsRéalis and Grant Thornton. Your support helps us to continue driving sport and physical activity forward in Jersey, creating a positive impact on the lives of many islanders.

Huge congratulations to all of tonight's award nominees, winners and inductees into the Jersey Sport Hall of Fame. Finally, on behalf of all of us at Jersey Sport, I wish you all an enjoyable evening and a successful year of sport ahead.

Steve Law  
Interim Chair, Jersey Sport

## Guest speakers, Peter Wright and Steve Hayes



Embarking on an awe-inspiring transatlantic journey, Peter Wright and Steve Hayes carve their names into the archives of extreme sports, rowing the vast expanse of the Atlantic Ocean and clinching a remarkable second place in their class. Their extraordinary feat not only showcases their determined spirit but also raises over £50,000 for the admirable causes of Durrell and MacMillan charities.

These two adventurers aren't strangers to pushing the limits of human endurance. Their journey across the Atlantic adds another accolade to a list of extreme sporting triumphs that read like a roster of challenges most wouldn't dare to dream of. From the Marathon des Sables to the Yukon Arctic Ultra (where they emerge victorious), and the gruelling Western States 100-mile race, Peter Wright and Steve Hayes conquer terrains and navigate challenges that define the epitome of resilience.

This evening we have the pleasure of hosting a Q&A session with the intrepid duo, as they recount their 8-week, 3,000-mile odyssey across the Atlantic—a feat often hailed as 'the world's toughest row.' Delve into their gripping narrative, replete with determination, camaraderie, and the raw beauty of the open sea. The local heroes, celebrated not just for their athletic prowess but for their commitment to charitable causes, leave an indelible mark on the global stage.

Having completed their epic Talisker Whiskey Atlantic Row, Pete and Steve will share tales of their challenges, triumphs, and the profound impact their journey has on the community.



We look forward to welcoming you to celebrate sport and physical activity in Jersey at this year's Jersey Sport and Move More Jersey Awards!

- 18:30 Arrival, welcome drinks and canapes reception
- 19:15 Guests seated
- 19:20 Welcome from Steve Law, Interim Chair, Jersey Sport
- 19:25 2023 Jersey Sport and Move More Jersey Awards presented
- 20:15 Guest speakers, Peter Wright and Steve Hayes
- 20:35 2023 Jersey Sport and Move More Jersey Awards presented
- 21:45 Awards presentation closes and cash bar opens
- 23:00 Carriages home

Please share your photos from this evening on social media using **#JerseySportAwards2023**

Follow us on: @jerseysportje @jerseysportofficial @JerseySport @JerseySport

Move with us on: @movemorejersey @movemorejersey



## Shortlisted Nominees for each Award

Congratulations to all our Award nominees and to those shortlisted for the 2023 Jersey Sport and Move More Jersey Awards in the following categories:

AtkinsRéalis



## Young Volunteer of the Year (U25) Award

Presented to a young non-coaching or non-managing volunteer, aged under 25 years old, for an outstanding contribution to sport or active living.

The nominees are:



### Joseph Holmes

Joe is a student who has been giving up his Sunday mornings to volunteer with us at the Waterfront Junior Parkrun for the past two years. He helps whatever the weather and takes on whatever role is needed for each event. We often struggle for volunteers, but we can always rely on Joe. We believe Joe really deserves to win this Award for all his hard work.



### Jonny Leck

When we expanded our Wednesday Night Football Club kickabouts to run weekly at Strive, we needed someone with commitment, outstanding organisational skills and trust, and Jonny shows this in spades. His dedication to ensuring that our residents 'out west' can access their weekly kickabout is amazing and, whenever needed, he comes along to support the younger sessions at Oakfield too. Jonny is a pillar of our organisation and we're excited by what he'll bring to the club in the future.



### Lauren Trachy

Lauren has been one of the biggest assets of Jersey Bulls Football Club. She gives up so much time to make the club better. She runs the club's social media, marketing newsletter and tirelessly does anything she can for the club. There are a number of measurable achievements that she has accomplished. In the last three months alone, the club has surpassed one million social media impressions, despite the fact we have hardly played. Every club needs someone like Lauren and we are extremely proud of her and her work.



## Volunteer of the Year Award

Presented to a non-coaching or non-managing volunteer for an outstanding contribution to sport or active living.

The nominees are:



### Michelle Clark

Michelle has been actively involved in Jersey Rugby Club Minis and Juniors for a long time. With more than 500 young people training every week throughout the season, the Minis and Juniors rely on the commitment, dedication and

passion of their volunteers. Michelle has been a fabulous and enthusiastic manager and has now taken on the role of Chair. She supports all the managers, coaches and, of course, the young players. She is very hands-on and gets involved in every aspect of running the club. She does everything she can to raise the profile of the sport and the club, and we think she's brilliant!



### Wendy Gorvel

Jersey Parkrun relies upon volunteers to ensure this free, weekly event attended by an average of over 300 runners, joggers, walkers and volunteers each week can safely take place. Wendy Gorvel, at over 60 years young, has

been an inspiration to everyone involved through her volunteering and her participation. Wendy has been at almost every Parkrun in the last 5 years, volunteering a total of 227 times and has been vital to the sustainability and success of this event and has impacted so many people. Her commitment, energy, enthusiasm and sheer concern for the event continuing to take place is exemplary. A very committed lady who role models everything good about sport in our Island and a very deserving nomination from Jersey Parkrun.



### Mark Ray

Mark is the founder and lead coach of Soccer Stars Juniors. It's a group set up for boys and girls aged 7-14 with learning difficulties. Mark has created an amazing inclusive environment for young people to not only learn some

football skills and be active but also to build social skills and relationships. Mark is a legend and fully deserves some praise and recognition for his efforts in supporting inclusivity in sport and physical activity in Jersey.



### Robin Stockton

Robin is Chair of the Jersey Association of Cricket Officials (JACO), a voluntary position that represents cricket scorers and umpires for and on behalf of the national governing body, Jersey Cricket Limited (JCL). JACO upholds the rules

and regulations of the sport on the island, handling player conduct and disciplinarys, and facilitating the training and development, qualification and the continuing professional accreditation of scorers and umpires. As Chair, it's a big job.

Robin is responsible for organising the scorers and umpires for all the games every week between March and September. Despite the demands of the role, Robin always maintains a lovely cordial, proactive disposition and seems to be utterly unflappable. Robin has helped maintain good relationships between match officials and Jersey Cricket, in a year with lots of changing demands and competing priorities. Robin has always been an advocate of women's cricket and has been integral to their development, guiding young and inexperienced players during games, and helping them with the rules. In May 2023, Jersey hosted its first international women's cricket tournament where Robin volunteered to be a match manager at FB Fields as he wasn't able to umpire. The girls appreciated this when they saw him there. As enforcers of rules, the match officials rarely get recognised, but Robin is highly regarded and valued by the players and club representatives for his commitment to cricket in Jersey. We can't thank him enough for keeping Jersey's domestic cricket operating so well and for being part of the progression of our sport to where it is today.



## Move More School of the Year Award

Presented to a Jersey school (primary or secondary) for an outstanding example of encouraging participation in sport or physical activity within the school.

The nominees are:



### D'Auvergne Primary School

D'Auvergne School aims to 'bring home and school together' by developing close relationships with students, families and the

wider community to support children to develop into well-rounded individuals with high aspirations for the future. The school goes above and beyond to give their students a huge variety of sporting experiences every day, including PE sessions, outdoor play and after-school clubs, including individual activities and team games, all of which help children to develop a love for sports. With its 'Fit for the Future' motto, D'Auvergne School aims to actively promote positive mental health and wellbeing, develop social, moral, spiritual and culturing values that ensure everyone feels nurtured and gives children the tools to grow and flourish.



### Grainville School

Grainville School runs sports camps during the school holidays to ensure that pupils are able to access sports and physical activities even when school

is closed. The P.E. teachers take the children around the island giving them opportunities to try new and different sports such as yoga, boxing, CrossFit, bubble football, golf and swimming. These are opportunities that many children would not normally have access to and give working parents the peace of mind that their child is safe, active and happy. The students love the activities and the opportunity to spend the weeks with friends. The teachers are always so supportive and encouraging of all the children to take part in every activity and the children look forward to their sports camp weeks every holiday.



### Les Quennevais School

Nominated for the wealth of opportunities they offer to every student to take part in the sports and physical activities

of their choice, Les Quennevais School's vision is to deliver an innovative and ambitious education for every student to inspire a life-long love of learning through physical activity. With outstanding sporting facilities, Les Quennevais School provides great opportunities for all students to flourish, whether that's to gain a lifelong love of sport or to become an elite athlete with an international career. At Key Stage 4, all students have a minimum of 50 minutes of physical activity each week across a wide range of activities including personal fitness, badminton, trampolining, yoga, five-a-side football and rounders. The school also offers Year 10 students the AQA GCSE PE course and the OCR Sports Studies Award. With its core values of Ambition, Respect and Resilience, Les Quennevais School is dedicated to providing inclusive, challenging and enriching physical education and sporting opportunities.



## Move More School of the Year Award (continued)

Presented to a Jersey school (primary or secondary) for an outstanding example of encouraging participation in sport or physical activity within the school.

The nominees are:



### Samares School

Samares School have forged strong links with Jersey Sport, offering a range of different sporting opportunities for all children throughout the school

holidays and during term time. During the last summer term, Jersey Sport's multi-skills after school club was very popular with the children who were very happy with how much time they spent being active during the day. Samares School ensure the children at the school are making the most of the physical activities that are on offer from Jersey Sport which helps to reassure parents that their children are getting as much physical exercise and equal opportunities as possible. Samares School's values of Determination, Collaboration, Engagement and Respect are embedded into all areas of school life to create a successful, happy school where all pupils can thrive and fulfil their potential.



### St Lawrence School

St Lawrence School's ethos is to empower children to be successful in an ever-changing world by providing rich and memorable learning experiences that encourage children to think creatively and solve problems both

independently and collaboratively. When it comes to sport and physical activity, St Lawrence School has been proactive through the introduction of various initiatives including FitBit activity trackers for Key Stage 2, a weekly one-mile run, lunchtime sports opportunities and cross year group competitions. St Lawrence School currently run three weekly after school clubs including Vik's Fit Kids which helps children learn or improve on basic sporting skills; Commando Kids which helps develop fitness, confidence and determination in a military style; and Brazilian Soccer that helps children develop skills in an entertaining and enjoyable way.



## Grant Thornton Move More Workplace of the Year Award

Presented to a Jersey workplace for an outstanding example of encouraging participation in sport or physical activity within the workplace.

The nominees are:



### Accuro Trust (Jersey) Ltd.

Accuro is an organisation that offers something for everyone in terms of encouraging participation in sport or physical activity

within the workplace and is an amazing place to work. As the main sponsor of the Jersey Triathlon for eight years, Accuro encourages employees in both the Jersey and Geneva offices to take part or volunteer on the course. This event is extremely successful and often attracts at least six teams entering, in addition to many individual entries. Accuro is proud to support two employees per year to travel to Geneva to take part in the Geneva marathon, and locally enters at least one team into the annual Swimathon. Several employees signed up to the Love to Ride initiative and it was very successful with employees competing to commute the most number of times and cycle the furthest. Offering twice weekly lunchtime walks have also proved very popular with a variety of employees. This year, a new incentive by the Fit and Well Committee was set up to support a group of four or more employees to take up a physical activity such as Padel Tennis.

Over the last year, Accuro has supported a wealth of initiatives that support employees' physical and mental wellbeing, including: Bringing in experts to deliver talks on a variety of health topics including breath work, promoting healthy sleep, optimising men's health and gender equality; offering a weekly fruit delivery, subsidised subscriptions to the Calm App, a library of resources to support people through challenging times, mindfulness and yoga desk sessions through Seedl, boardroom resistance band workout sessions and organising sport and physical activity based excursions and events.

In addition, Accuro offer employees an Inbody Health Screening initiative by a local personal trainer with 12 months' of healthy recipe and exercise support and the office kitchens are equipped with utensils and appliances to encourage healthy eating as well as showers to encourage active travel to and from work.

The breadth of opportunities at Accuro highlights their commitment to supporting and encouraging participation in sport and physical activity whilst also being inclusive. Accuro is proud to dedicate a considerable budget and employee time towards supporting engagement in physical activity and measures to support wellbeing. Consistently keeping wellbeing and physical activity at the top of their agenda and embedding it as part of their company culture is key to their success.



## Grant Thornton

### Grant Thornton Move More Workplace of the Year Award (continued)

Presented to a Jersey workplace for an outstanding example of encouraging participation in sport or physical activity within the workplace.

The nominees are:



#### Highvern

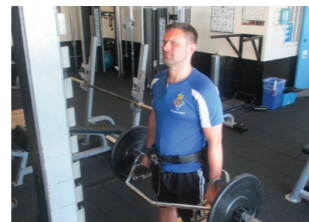
HIGHVERN adopts a full programme of activities for its team as part of a commitment to staff wellbeing as they recognise that it not only

improves health and performance in their role, but also acts as a wonderful internal team building tool and a way to engage with external intermediaries. HIGHVERN use sport to unite their international offices, build connections between teams and encourage collaboration. Networking through sporting activities such as golf, pickleball and cycling has produced great results and positive feedback. In 2023, their programme has included the formation of a Wellness Committee and expansion of a Sports and Social Committee across jurisdictions, a weekly lunchtime walk, supporting local charity sports events including, but not limited to, Hospice to Hospice Half Marathon, Standard Chartered Jersey Marathon, It's a Knock Out, Island Walk, Durrell Challenge, Brighter Futures 5-a-side football and Dragon Boat Races. HIGHVERN also support individual's sporting challenges including sports and charity events and time to fulfil obligations to become sports and physical activity leaders.

HIGHVERN'S passion for supporting sport and physical health and wellbeing is highlighted in their sponsorship and financial support of numerous sports and active initiatives across jurisdictions including Cayman Gymnastic Team, Cayman Island National Rugby Team, Highvern Runway Ride (Guernsey), Jersey Squash and Racketball Club and Pilates for Pink (Cayman). HIGHVERN are the main sponsors of Jersey Pickleball, assisting with the launch of the sport in Jersey and participating in the leagues. HIGHVERN are proud to co-sponsor Girls That Row, the Women's Quad Rowing team, allowing them to compete locally and offshore to great success, winning gold at the British Rowing Offshore Championships. Their gold is not only performance driven but focused on encouraging more females into the sport.

HIGHVERN are active supporters of Alternative Transport Week as it aligns with their ESG values, organising an inter-office walking challenge and setting a number of incentives to encourage more people to walk or cycle instead of using their car.

Being highly regarded for its reputation as an active and social company, HIGHVERN attracts new candidates in the recruitment process who are drawn to work for an organisation who supports them to prioritise a better work-life balance and a healthy, active lifestyle



#### States of Jersey Prison Service The PE Dept

James, Wayne and Adrian of the PE Department at the States of Jersey Prison Service work hard as a

team to encourage prisoners and staff to engage in a more active lifestyle. In the last year, James has designed and opened a new staff gym facility and the PE Team encourage all staff to engage in team sports. Recently, staff have participated in Touch Rugby and plans are in place to encourage staff to get involved in Golf and to enter the Jersey Marathon as relay teams.

The PE Team have created connections within the community to enable prisoners to experience different ways of keeping active which includes Golf, Boccia and Dodgeball to name a few. The PE department is dedicated to driving a more active workforce and building great team sport participation.





## Move More Group of the Year Award

Presented to a group, organisation or movement which has brilliantly inspired or promoted active living.

The nominees are:



### Jersey Mencap

Over the past four years, Jersey Mencap members have embraced a programme of varied sports and physical activities to improve their fitness. With health walks,

weekly circuits, Zumba, yoga, Boccia and adapted cycling every week. This group of adults have a wide range of abilities and challenges due to having a learning disability, autism and/or a physical disability. Sessions are organised by Jersey Mencap and Jersey Sport, but it is the enthusiasm, commitment and dedication of the participants that make these sessions so successful. Sessions are not only designed to improve fitness, balance and co-ordination but the members prove every week that whatever your disability, adapted sport can also provide inclusion, friendship and a great sense of achievement. Winning this award would help to showcase the inspiring 'can do' attitude of the Jersey Mencap members and wave the flag for sports-for-all.



### Jersey Triathlon Club - Try a Tri

Try a Tri is an annual event run by the Tri Club to encourage more people into the sport. Participants usually have little to no prior experience but

with the support and motivation of an incredible team of coaches, they're able to succeed in the event and go on to get involved with sports in a way many would never have previously considered. This year, 66 Try a Tri participants took on the main Accuro Jersey Triathlon this year making up 25% of the entire field! Many people who took part in Try a Tri have now joined the Tri Club and taken part in their events, joined the JLDSC and already taken on some of the many run, swim or cycle events that would not have been possible without the Try a Tri group and expert support. Many participants join to overcome personal health, mental or physical challenges, using the training programme to help them improve self-confidence, fitness and overall morale.



### Rock n Road Runners

Rock n Road Runners (RNRR) is just over a year old yet is already considered an inspirational, friendly and inclusive

group for islanders looking to begin or continue their journey in running. Through multiple weekly sessions which are accessible and led by qualified coaches and a pool of nearly 40 enthusiastic volunteers, the group promotes the best of Jersey's roads and trails while helping to develop fitness, confidence and a lasting, positive relationship with sport. Rock n Road Runners aim to make new runners feel as welcome and reassured as possible. Weekly interval training sessions with a fully qualified coach provide a safe and welcoming experience for new or existing runners and can be adapted based on ability, including visual impairments, to create a pathway to continued development. RNRR have arranged Guide Runners for visually impaired runners in association with UK Athletics to build a sustainable legacy and consistent experience. On Saturdays and Sundays, Rock n Road Runners provide two free sessions for all abilities, each with a dedicated lead and tail runner, following the successful model of parkrun. Over 75 free runs have been provided and moving forward that number will exceed 100 per year. Both weekend runs are designed to cater to the needs of the widest possible potential group of participants.



### Wednesday Night FC

Wednesday Night FC have grown their programme over the last twelve months to now offer eight hours of football across

three different sites to five different demographic groups. Regularly exceeding 100 participants on a weekly basis, this football club puts well-being above winning to ensure that all participants are active at their kickabouts. Many attendees have reported an increase in other physical activity and a shift to more healthy lifestyle choices that help them to get the most out of their football sessions and experience an improved quality of life.

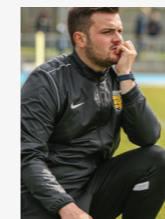


## Manager or Coach of the Year Award

Presented to a manager or coach who has demonstrated all, one or more of the following attributes:

- Is a good role model
- Develops players
- Operates within the spirit of sport and encourages others to do the same through good sportsmanship
- Has the respect of players and officials
- Has strong communication and leadership skills
- Has shown a commitment towards improving their sport
- Has made a significant contribution to an outstanding performance or series of performances

The nominees are:



### Elliott Powell

Elliot works exceptionally hard for St Peter's Football Club and recently led the Jersey Football Team in the Island Games at short notice with just a few months to prepare. Under his inspirational leadership, younger players

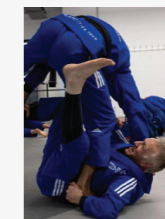
had the opportunity to shine. Elliot lives and breathes sport, both in his full-time role at Jersey Sport, and through his work with local football and cricket, and as an enthusiastic committee member for both the Jersey Football Association and Jersey Cricket.



### Sian Silvester

Sian was the lead coach for the Jersey Swim Team for the 2023 Island Games. This year, the team was the most successful swim team Jersey has had with the biggest medal haul ever, including 15 gold medals and 39 medals

in total. On top of that, Sian is the Junior Coach at Tigers Swimming Club coaching children from ages 6 to 13. Sian sets the standard at Tigers as the first coach the children have when they start in the squads. She is the one who teaches the children all the skills required to make them great swimmers when they are older. Sian has been at the helm of the Calligo Tigers Development Squads for over ten years and it's through her stewardship that the club has been able to produce some of the UK's best junior swimmers. In addition to her tireless commitment and dedication to swimming in the island, Sian is a full-time mum to three children. In the male dominated world of swimming coaching, Sian is one of England's best Junior female coaches and her results continue to prove this.



### Rob Staples

Rob Staples has been a leading figure in highlighting the benefits of Brazilian Jiu Jitsu for those with missing limbs, including ex-service personnel injured in combat or those born with missing limbs. Rob has selflessly dedicated his

coaching talents to these individuals to help them learn and improve in a sport ideally suited to their unique situations and abilities. In March 2023, Rob used his strong leadership, coaching and communication skills to inspire a triple amputee from the UK to travel to Jersey for a four-day training camp with a local para-athlete. Rob's inspirational teaching and unique ability to adapt the techniques to those with missing limbs not only empowered and improved the triple amputee's sporting abilities tenfold over the four days, but also led to this individual having the confidence to go on to compete against able bodied competitors in the UK. After several competitions the UK triple amputee and war veteran won a gold medal only a few months after training with Rob. In addition, Rob has worked tirelessly with a local para-athlete who has gone on to win multiple golds and achieve a black belt in the sport this July. The UK has now established a para-Jiu Jitsu team (including both the triple amputee who visited the island and the local para athlete) and this is largely down to Rob Staples' leadership and inspirational approach to adapting the sport for those with missing limbs and his tireless efforts to improve the sport and make it truly open to anyone, no matter their ability.



# OCORIAN

TRUSTEES

## Ocorian Trustees Sports Organisation of the Year Award

Presented to a club, association or sporting organisation which has demonstrated a commitment to good governance, and excelled in all, one or more of the following areas:

- Grassroots Sport
- Club Sport
- Performance Sport

The nominees are:



### Jersey Football Association

As a grassroots association, Jersey FA have worked hard this season, receiving the FA Code of Governance for county football

associations and achieving gold standard for meeting full compliance with the regional code. Since their wins in the Island Games, the Muratti and getting involved in the Walking Football World Cup, Jersey FA's profile is on the rise. These high-profile events are seeing local athletes come out on top, having been trained in schools and community programmes through the JFA. The JFA works hard to ensure football is open to everyone, with women's teams and disability teams now increasingly popular.



### Jersey Golf

In February 2023, the Jersey Golf Union and Jersey Ladies Golf Association completed their merger to form Jersey Golf. A Ladies' recruitment

strategy working sub-group was created with all three (feeder) clubs coming together (St. Clements, Les Mielles and Les Ormes), facilitated by Libby Barnett from Jersey Sport. This was the first collaborative initiative where different clubs under the same sport worked together to achieve the same objective. Through this initiative, the three clubs worked collaboratively, volunteering their time to create the 'GIVE GOLF A GO' taster sessions (which included risk assessments and safeguarding). This was a grassroots initiative to increase awareness about ladies' golf on the Island and increase membership across all three clubs, targeting new ladies to the sport and welcoming returners. St. Clements has increased membership by 40% with beginners at their Sports Academy and returning ladies joining their 9-hole membership.

Les Mielles attracted 17 people and subsequently seven new ladies have joined with full memberships - which represents a 45% increase in the Club. Les Ormes has had several inquiries for membership and hopes to welcome new members in the autumn. All three clubs have continued with further taster and buddy sessions, fun competitions and group lessons with the Pros. All clubs will continue to meet up bi-annually and continue to work with Jersey Golf and Jersey Sport.



### Jersey Long Distance Swimming Club

JLDSC are an inclusive swimming community which welcomes islanders from 5 to 100 years young and has been doing so for over

50 years. Their membership has grown over the last few years and continues to welcome familiar and new faces. The organisation is very well run and each week there is someone checking all swimmers into and out of the water which ensures everyone feels safe. There are also coaches on hand to offer expert support and guidance with tips and techniques to ensure islanders enjoy safe and fun sea swimming in a controlled environment.



# OCORIAN

TRUSTEES

## Ocorian Trustees Sports Organisation of the Year Award (continued)

Presented to a club, association or sporting organisation which has demonstrated a commitment to good governance, and excelled in all, one or more of the following areas:

- Grassroots Sport
- Club Sport
- Performance Sport

The nominees are:



### Regent Skating Club

As of 2023, the most successful artistic roller-skating club in the UK now hails from St Brelade! Regent Skating

Club was the most successful club in the 2023 GB Skate Artistic British Championships, which take place in Great Yarmouth, with the club now hosting several British Champions. Following this success, four of their skaters have been selected to represent Great Britain in Europe later this year: Libby Watts, Jack Ovens, Hannah Lamy and Sophie Baker. All of this has been achieved whilst training on a floor at Les Quennevais Sports Centre that is smaller than a competition-sized floor.

The skaters must learn their routines in two parts and stitch them together on competition day - a limitation that no other club has. One of the powerful benefits of roller skating is that skaters stick with the sport through their teenage years when many children, particularly young girls, drop out of sport and exercise. It is during their teenage years that the children begin to truly master the sport and from there it becomes ever more thrilling. Roller skating is a powerful, dynamic and graceful sport that builds strength, flexibility and confidence. The children are hardworking, brave and inspiring. The club has a strong sense of inclusion and nurture, and the sport is a lifeline for those who need it most.







## Aztec Financial Services (Jersey) Limited Sporting Performance of the Year (U21) Award

Presented for an outstanding performance or series of performances from an individual or team, aged under 21 years old.

The nominees are:



### Lewis Bell

Aged 17, Lewis Bell is currently ranked number 1 in Jersey. He is a Jersey Men's Darts Team representative and in April this year, became the youngest player to win the Jersey Singles Championship and C.I. Singles Championships. He also

won the Jersey and C.I. Mixed Pairs and 4-a-side events and the Jersey Darts Summer Open in July. In addition to his successes in the Channel Islands, he has regularly travelled to the UK to play in the JDC Advanced Tour to compete in all twelve Advanced Tour events, recording consistent performances every time. This included an amazing 6-1 Final win over the teenage darts sensation Luke Littler. His performances meant he finished in 4th place in the JDC Advanced Tour and was subsequently selected for the JDC England team for the forthcoming JDC World Cup in Gibraltar in December 2023. In July, Lewis went on to compete in four events on the PDC Development Tour a tour for players 16-24 years of age. In his first ever event he won his first three matches being knocked out in the last 32.



### Libby Hart

Elizabeth (Libby) Hart has achieved so much in such a short time in her shooting career and at such a young age. In June 2023, Libby Hart won the senior Channel Island Full-bore Rifle Championship. She is the youngest ever

winner and the first female to win since the event started in 1976. Libby's other successes include winning the senior 10-metre Air Rifle Island Championship in February 2023, winning Gold at the Island Games Senior 10m Air Rifle and Silver in the pairs event with Paige Fryer in July 2023. At the 2023 Island Games, Libby was awarded the Jersey Young Sport Athlete of the Games trophy. The previous year had also been a great success for Libby as she won the U18 and U16 categories in .22 prone rifle at the Bisley Smallbore meeting in August 2022. She was also the winner of the highest junior league average at .22 prone rifle over the season (Oct 22 to Mar 23). Libby is a very determined and committed young lady who never gives up and always tries her best. Her constant training and hard work has paid off, making her definitely one to watch in the future.



### Luke Holmes

Triathlete Luke Holmes recently took part in the Youth Commonwealth Games where he won gold in the individual race beating competitors from countries such as Australia, Scotland and South Africa. At the

Youth Commonwealth Games he competed in the mixed team relay where he had the fastest male split which helped the team win a bronze medal. Luke has also represented Great Britain at European Youth Championships where he performed strongly. Luke has been performing at a high level for some time, achieving 4th overall in the British Triathlon Super Series last year. This year, Luke has shifted to another level and is regularly in the top 3 in British Triathlon Super Series. Luke's dedication to the sport, his constant desire for mastery and his humility make him a delight to know and work with, and is fully deserving of this award.



### Filip Nowacki

Local swimmer Filip Nowacki broke the 15 years British age group 200m Breaststroke record and claimed several British national age group titles, having also claimed the 14 years record the previous summer. Filip qualified

for the Junior final of the Winter National Short Course Championships, swimming as the youngest member in the event. In the European Youth Olympics, he claimed the Silver medal in the 200m Breaststroke for Team GB. Filip also broke the Island June records in multiple events. At still only 16 years old, Filip has a successful international career to look forward to.



### Lucy Woodward

Lucy won five medals at the Island Games and took part in seven athletics events, competing on almost every day during the week. She is the only female heptathlete in the Channel Islands and won the first athletics Gold medal of

the recent Island Games in Guernsey for the triple jump. She has taken part in athletics since she was eight years old, first competing in quadrathlons and pentathlons in the UK before progressing to heptathlon at fifteen.



## Sporting Performance of the Year Award

Presented for an outstanding performance or series of performances from an individual or team.

The nominees are:



### Josef Hacker

Golfer Jo Hacker had an incredible performance at the Natwest Island Games in 2023, winning the Gold medal by 9 shots, and helping Team Jersey to Silver. A hard working and determined young man, Jo is committed to improving

all areas of his performance. In October 2023, Jo took home Jersey Golf's Men's Player of the Year Award for the second time in three years. A Jacksonville University student and former Hampshire County champion, Jo recently had his best college golf finish of fourth individually at an event in South Carolina.



### Rhys Hidrio

Rhys won double Gold at the Island Games, winning both the Men's MTB criterium and cross country race, also helping the team win team Silver and team Gold. Rhys finished 9th in the Senior British National Mountain Bike Cross

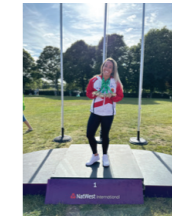
Country Championships, having placed consistently in the top 11 nationally all season. Rhys also finished 10th at the Birmingham Commonwealth Games in 2022 representing Jersey. All of these are incredible feats, but even more so when considering Rhys is competing against world class, full-time elite athletes living and training in dedicated mountain bike terrain, whilst Rhys lives and works full-time in Jersey, which isn't quite so mountainous! Off the bike, Rhys is an incredibly friendly, supportive and helpful teammate who is never too busy to help or support with line choice, technical skills or bike mechanics, even at high pressure events such as the Commonwealth and Island Games. He is a true asset to Sport in Jersey both on and off the bike and is highly deserving of recognition for his dedication and commitment.



### Jersey Rowing Club

This year, the Jersey Rowing Club won Gold in the British Rowing Coastal Championships in July, held in Exmouth, and won two Golds and a Silver at the British Rowing Home Internationals Beach Sprint event. The team are not

only athletes; they're active contributors to the heart of the rowing community, with positions on the Committee as well as helping with new joiners. Their dedication to the club's running and operations showcases their commitment to nurturing the sport and its values. The team isn't just about rowing; they're about pushing each other to perform and achieve at a performance level. Each stroke is a testament to their shared passion, inspiring everyone around them to push themselves.



### Lucy O'Sullivan

Jersey archer Lucy O'Sullivan completed a clean sweep of five Gold medals at the 2023 Island Games, as she helped her Island win the head-to-head compound team knockout title. The former Great Britain archer had already won two

individual and two team Gold medals at the games before helping the Island to the top of the podium for a fifth time.



### Chloe Russell

A Jersey gymnast who took home four medals from the Special Olympics World Games hopes her success can inspire others with disabilities not to limit themselves. Chloe Russell claimed four podium finishes in Berlin, winning gold

in the uneven bars and beam events in her division as well as claiming silver in the floor exercise event and a bronze on the vault. The event was the 16th edition of the Games, the world's largest for children and adults with intellectual disabilities, with over 7,000 athletes taking part from 190 nations across 26 sports. The first Games was held in Chicago in 1968 but is only one part of the Special Olympics organisation that gives people with disabilities the chance to compete at an elite level and promote diversity in sport. Within the event, athletes are separated into different categories or divisions, where they are matched with athletes of the same gender, similar age, and similar competitive ability. The 23 year old has Ataxic Cerebral Palsy, which affects her fine motor skills and speech. She has been involved with Jersey Special Gymnastics Club since she was six and works at Mont à l'Abbé Secondary School.



## Local Hero Award

Presented to someone who has achieved outstanding attainment in sport or active living, either through playing, coaching, officiating, volunteering, promoting or working in sport or active living.

The nominees are:



### Will Golder

Will Golder is one of Jersey's few professional athletes to make it on the world circuit, representing Great Britain for Bobsleigh. He was a British Champion in 2011 and competed for Great Britain Bobsleigh all over the world in the World and European Cups. He competed in the World Championships as a junior and had a fantastic career.



### Arlene Maltman

Arlene is arguably one of the best female surfers in British history. Arlene competes regularly at European and World Surfing Championships and has been an inspiration to generations of Jersey and British surfers. Arlene now gives back to surfing as a Director of British Surfing. Her past wins include: 1981 Channel Island Champion (Inaugural event for women), 1980s multiple CI Champion and Surfabout Champion and Jersey Team Member to all British and European team events, 1982 British Team Member (Team GB) Australia for World Championships – 10th Place (Highest place British woman), 1983 Jersey vs France International 1st place, 1983 Jersey Surfabout Champion, 1983 European Champion, 1984 British Champion, 1984 Team GB World Championships, California (top placing British female), 1985 Professional World Tour competitor (Australia), 1985 Op Pro trials competitor (California), 1986 Team GB/British Team Member, World Championships Newquay (Highest place), 1987 NSSA Explorer Season Women's first place, California, 1987 WISA Open Champion, California, 2004 World Qualifying Series tour member – France, California, South Africa – Top 50 surfer, 2006 Channel Island Champion.



### Stuart Penn

Stuart was born with just one fully formed limb, a three-quarter leg with a club foot and two stumps. Despite this, not only does he lead a normal, if not remarkable, everyday life, he took up Jiu-Jitsu. This year, after many years of hard work, he was awarded his Black Belt by Professor Braulio Estima. Stuart is a pleasure to train with, always has a 'can do' attitude, inspiring us all to find alternative ways to do things, train hard and never let your attributes be thought of as a disadvantage. Seeing his prosthetics piled up at the side of the mat always reminds us that whatever is sore, it's not that bad, so just get on with training! Stuart is an inspiration and works hard to constantly promote our sport for other amputees/para people. He is a credit to the club, and we are so very proud of him achieving his Black Belt.



### Peter Wright and Steve Hayes - Dragon fish Transatlantic Row

Pete and Steve rowed the Atlantic Ocean coming second in class and raised a huge sum for Jersey charities, being passionate and active fund-raisers for several years. Extreme sporting challenges have become part of their DNA. These include: Marathon des Sables, Ultra Trail du Mont Blanc, Dragons Back, Jungle Marathon, Marathon pulling 1 tonne car, Western States 100 mile race, Solo Channel Swim, Yukon Arctic Ultra (Winner), Triple Ironman (Winner), Jungle Marathon, Tor des Geants, Spine Race and recently their epic Talisker Whiskey Atlantic Row of 3,000 miles to name but a few! Their recent Atlantic row has raised just over £50,000 for Durrell and MacMillan. Pete and Steve are wonderfully humble individuals who deserve recognition for their amazing efforts and for volunteering their time, energy and efforts into raising money for worthy causes.



## Valerie and Sid Guy Lifetime Achievement Award

Presented to someone who has achieved outstanding attainment in sport or active living, either through playing, coaching, officiating, volunteering, promoting or working in sport or active living.

The nominees are:



### Kevin Baudains

Kevin has given unparalleled dedication and remarkable contributions to the Jersey Leonis Boxing Club for an astounding 55 years. Throughout his incredible journey as a boxer, coach, judge, and supervisor, Kevin's unwavering commitment and selfless service have left an indelible mark on our boxing community.

Kevin's journey with the Jersey Leonis Boxing Club began over half a century ago when he laced up his gloves as a promising young boxer. His passion for the sport and innate talent quickly made him a formidable presence in the ring, earning the respect and admiration of his peers and mentors alike. As a boxer, with around 100 bouts to his name, Kevin demonstrated perseverance, discipline, and a remarkable sportsmanship that set him apart as a true role model for the generations to come.

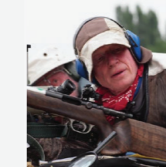
However, it is Kevin's unparalleled dedication as a coach that has truly shaped the lives of countless aspiring boxers. For over four decades, Kevin has voluntarily devoted himself to coaching, inspiring and nurturing young talent, moulding them into exceptional athletes and better human beings. His coaching prowess extends beyond the realm of boxing skills; he instils invaluable life lessons of integrity, resilience and teamwork into each individual under his tutelage.

As a judge and supervisor, Kevin consistently upheld the highest standards of fairness and integrity, ensuring that every match was conducted with the utmost impartiality. His expertise and keen eye for detail made him a trusted authority within the boxing community, and his contributions significantly elevated the quality of bouts within the club and beyond.

It is a testament to Kevin's unyielding dedication that he continues to coach up to four sessions a week, without any expectation of compensation or recognition. His unwavering commitment to volunteering epitomises the true essence of selflessness and passion for the sport.

Beyond his impact on the Jersey Leonis Boxing Club, Kevin's influence extends into the broader community. He has been a driving force in promoting the benefits of boxing as a means of fostering discipline, confidence, and camaraderie among the youth, thus making a lasting impact on their lives.

In conclusion, Kevin's legacy at the Jersey Leonis Boxing Club is nothing short of extraordinary. His 55-year journey as a boxer, coach, judge and supervisor has left an indelible impression on the hearts and minds of all who have had the privilege of knowing him. His lifetime of commitment and service to the sport of boxing is unparalleled, and I can think of no one more deserving of the Lifetime Achievement Award than Kevin. His impact on the sport and community is immeasurable, and I wholeheartedly endorse him for this esteemed honour.



### Richard Benest

Richard's journey in the world of shooting began as a young 15-year-old pupil at Victoria College. His passion and skill led him back to the same institution, where he assumed the role of Head of Shooting in the autumn of 1998.

Under his expert leadership, Victoria College achieved an unparalleled feat. In his final year as the Master in Charge of shooting, the college clinched the Ashburton award, a prestigious title for the best shooting school in the UK, for the first time since 1961. This was not a solitary victory; the college also secured a commendable second place in 2018.

But Richard's accolades don't end within the confines of the college. His prowess spans multiple sports. He represented the island in two football Muratti matches and has been a lifelong badminton enthusiast, competing at inter-insular levels and possibly even at the Island Games. In shooting, Richard's excellence is even more pronounced. He has competed at the highest echelons of full-bore shooting, representing Jersey at the Commonwealth Games in Melbourne.

For over a quarter of a century, Richard has selflessly dedicated himself to sport in Jersey. His unwavering commitment is evident in the 25 years of voluntary service he rendered to Victoria College. And as a testament to his leadership, his final year witnessed the institution winning the crown jewel of schools' cadet shooting.

Richard is more than just a sports enthusiast. He is an ambassador for shooting, embodying the spirit, dedication, and excellence the sport stands for. It is without a shadow of a doubt that he is truly deserving of this award.



## Valerie and Sid Guy Lifetime Achievement Award

Presented to someone who has achieved outstanding attainment in sport or active living, either through playing, coaching, officiating, volunteering, promoting or working in sport or active living.

### The nominees are:



#### Paul Daniel

Paul moved to Jersey in 1968 and became involved in local football with Oaklands FC, initially as a player and then in an administrative role. He was heavily involved in the club's fundraising efforts for the ground development at what is now the home ground of St Paul's FC. Paul qualified as a referee in 1975 and became a member of the Jersey Football Referees' Association at that time. He progressed through the Refereeing levels and, over the years, has officiated numerous local league and cup matches as well as other games involving visiting professional teams. In May 1990, he was appointed as the Jersey FA Assistant Referee for the Muratti Vase Final. In September 1990, Paul became the JFRA's first member to be appointed to referee an FA Vase match, when he officiated the tie between Broadbridge Heath and Hartley Wintney.

Despite being well into his 70's, Paul still referees the occasional match, usually at junior tournaments run by local Clubs. Throughout the 1980s and 1990s, Paul continued to be involved with the JFRA until in June 1997, he was elected to the role of Vice-President.

At the June 2000 AGM, he was elected President of the Association, a position he retained until July this year. Having initially intended to step down in July 2020 following the Association's Centenary in December 2019, Paul agreed to stay on to head the Association at its Centenary Dinner, which due to COVID-19, was delayed by two years and finally held in May 2022.

At that Centenary Dinner, the national President of the Referees' Association presented Paul with The Referees' Association Long and Meritorious Service Award. Nominations may be made to the national RA Board where a member has given not less than twenty years of meritorious service within one or more Local Referees' Associations.

In addition to his role within the Jersey Football Referees' Association, Paul has given his time, experience and support in many other local football referee-related activities. For many years he was one of the Jersey FA Referee Training Officers, providing a 10-week training course for potential new Referees.

Since its creation in 2015, Paul has coordinated the activities of the Jersey FA Referee Development Centre, which, for 20 weeks, provides promising young Referees with weekly 3-hour theory and practical sessions to learn and officiate games in a high-quality learning environment, being linked directly to the activities of the Jersey FA Player Centre of Excellence.

For many of the new referees that complete the initial training course, Paul acts as a Referee Mentor - the first line of a support mechanism for new referees being a person willing to share direct experience in refereeing to help the new Referee to reach their own potential. In this role, Paul attends around 25 matches each season, as well as going to local club tournaments at which the new referees officiate. For the rest of the local referees, as an aid to their development and potential advancement, Paul regularly acts as a Referee Observer, supporting the referee at their match and then providing feedback, initially verbally straight after the game and then by way of a written appraisal of their performance.

All local Referees, young and old, new or experienced, know that Paul is always on hand to act as a sounding board should they wish to discuss any match incidents from their games. Paul willingly makes himself available either over the phone or face to face to offer his experience, advice and support. Paul has regularly provided transport to and entertained visiting Referees from the UK or Guernsey who come to officiate matches in Jersey.

With over 50 years of ongoing voluntary involvement in the local football refereeing community, my fellow JFRA Committee members and I believe that Paul meets the criteria for the Lifetime Achievement Award.



## Valerie and Sid Guy Lifetime Achievement Award (continued)

Presented to someone who has achieved outstanding attainment in sport or active living, either through playing, coaching, officiating, volunteering, promoting or working in sport or active living.

### The nominees are:



#### Bob Lawrence

Bob has been a stalwart of Jersey Wanderers Football Club for well over 40 years, joining initially as a player in the late 1970s before wanting to give back by supporting the management and organisation of club functions. Bob has held multiple volunteer roles since this time, often juggling more than one role at once. Whether it be as a Junior Coach, Committee member or Club Secretary, Bob has taken on each role with enthusiasm, dedication and empathy, enabling thousands of local footballers to enjoy the beautiful game, season upon season. Coordinating such a large Club with one of the most diverse offerings on the island can often be a challenge, but Bob has always found a way to calmly deal with any obstacle, quietly navigating a way forward for JWFC without a moan or hesitation. It is no secret or lie that without Bob's loyalty, long-standing affiliation, and selfless commitment to the Club, we would not be in the position we are in today.

His contribution to local football extends much wider than JWFC, as Bob has acted as Club Liaison, Board Member and Safeguarding Champion (to name a few roles!) to the Jersey Football Association for many, many years. It would be impossible to count and repay the number of hours Bob has volunteered his time and services for over four decades, and just as hard to understand the sheer impact he has made on so many islanders who enjoy the benefits of sports and physical activity.

Jersey Wanderers FC are eternally grateful to Bob for his contributions to the club throughout the years and would love to be able to recognise his achievements through this public award as he looks to step back from his volunteering duties in local football to spend more time with his grandchildren.



## Outstanding Achievement Award

Recognising the efforts, achievements and contribution to local sport and physical activity.



### **Jersey Reds**

Jersey Reds are nominated for their outstanding championship league win and for many years of sporting success leading up to that point. They have made an exceptional contribution to Jersey over the years.



## Hall of Fame Award

The Jersey Sport Hall of Fame, sponsored by Ocorian Trustees, was founded in 2018 to recognise the achievements of Jersey's sports stars through the ages, past and present. Inductees into this prestigious group will have performed on the national stage, world stage, or will have demonstrated an outstanding contribution to island sport. Entrants into the Jersey Sport Hall of Fame must no longer be active in professional sport.



### **Simon Laurens**

Simon Laurens started horse riding at the age of eight and competed in gymkhana and show jumping with his palomino Champagne, before taking up dressage whilst working with Gemma Green for nine years in her yard in Jersey. Simon was diagnosed with Multiple Sclerosis in 2004. Within two years he began competing for the Great Britain Para Dressage Team. He won the National Grade III Disabled Dressage title in 2006 and 2007, and also won both team and individual freestyle Golds at the 2007 World Para Championships.

Selected to compete at his first Paralympic Games in 2008, Simon entered the individual freestyle test grade III and was part of the Great Britain quartet for the overall team championship. Competing on his horse Ocean Diamond, he won the Silver medal in the individual event behind Hannelore Brenner of Germany. In the team open Simon, with teammates Lee Pearson, Anne Dunham and Sophie Christiansen, won the Gold medal. This meant that Great Britain won a Gold medal in that event at four consecutive Games. Following his success in Beijing he was named the BBC Southwest Disabled Sports Personality of the Year in 2008.

In 2009, Simon won three medals at the European Championships held in Kristiansand, Norway, and was one of six people whose efforts were recognised with the award of a Medal of Honour for "activities connected with international endeavour in relation to equestrian sport". Later that year he was named Disability Sports Personality of the Year at the Gloucestershire Media Sports Awards.

Thank you to everyone for your nominations, congratulations to all our Award nominees and winners, and a massive thank you to our Award sponsors.

We hope you all have an enjoyable evening celebrating sport and active living in Jersey!



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