



race>nation | sports  
giving

# 2022 SPORT & MOVE MORE JERSEY AWARDS

## ***RaceNation 2022 Sport and Move More Jersey Awards***

# Welcome

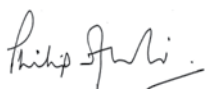


Welcome to this evening's RaceNation Sport and Move More Jersey Awards. We are delighted to welcome our guests and friends from the local sport and active living community to recognise the achievements of all our award nominees and winners, at this very overdue celebration.

I would particularly like to thank Serena Kersten MBE, international netballer, ex England Roses netball captain and Commonwealth gold medal winner, for joining us. And thanks also to Matt Banahan, former rugby union player and England international, for being here this evening.

Thank you to all our Award sponsors for their support, and in particular, a massive thank you to our event headline sponsor RaceNation, who are sponsoring the Awards again this year with their RaceNation Sports Giving platform.

Congratulations to all of tonight's award nominees, winners and inductees into the Jersey Sport Hall of Fame. I hope everyone has an enjoyable evening and we look forward to another successful and healthy year ahead.



Phil Austin MBE  
Chairman, Jersey Sport

## Guest speaker, **Serena Kersten MBE**



Serena Kersten MBE, is one of Jersey's best known sporting stars. A former England netball captain, Serena is regarded as one of the best mid-court players in the game and has won 110 senior England caps for the Vitality Roses, and led the team 28 times. Serena has represented her country at three Vitality Netball World Cups and at two Commonwealth Games competitions.

She has played her domestic netball in England, New Zealand and Australia during her long career and was a Superleague title winner with Team Bath Netball.

Serena was awarded an MBE in the 2020 New Year Honours list for services to netball. Now confirmed as the new performance lead at the Jersey Netball Association, Serena decided to retire from the game and relocate back to Jersey for the birth of her first child.



**We look forward to welcoming you to celebrate sport and active living in Jersey at this year's RaceNation Sport and Move More Jersey Awards!**

- 18:30** Arrival and welcome drinks reception, finger buffet served
- 19:30** Guests seated
- 19:35** Welcome from Phil Austin MBE, Chairman, Jersey Sport
- 19:45** Address from RaceNation
- 19:55** RaceNation 2022 Sport and Move More Jersey Awards presented
- 20:45** Break
- 21:00** Guest Speaker, Serena Kersten MBE
- 21:20** RaceNation 2022 Sport and Move More Jersey Awards presented
- 22:25** Awards presentation closes
- 22:30** Cash bar opens
- 00:30** Carriages home

Please share your photos from this evening on social media using **#JerseySportAwards2022**

Follow us on:  @jerseysportje  @jerseysportofficial  @JerseySport

Move with us on:  @movemorejersey  @movemorejersey





## ***Help us to continue to inspire an active Jersey!***

Jersey Sport is an independent organisation and a registered charity. We are partly funded by an annual grant received from the Government of Jersey, but there is still more work we would like to do, and much more work we need to do, if we are going help Jersey become a healthier, more productive and fairer society by being one of the most physically active populations in the world.

PLEASE **GET INVOLVED** TODAY AND HELP  
US TO CONTINUE TO INSPIRE AN ACTIVE JERSEY  
BY DONATING TO THE JERSEY SPORT FUND.

Your donation will help us to expand our  
programmes and help more islanders to  
play sport and become more active:



SCAN HERE

## RaceNation 2022 Sport and Move More Jersey Awards

Congratulations to all our Award nominees and to those shortlisted for the RaceNation 2022 Sport and Move More Jersey Awards in the following categories:



### Young Volunteer of the Year (U25) Award

Presented to a young non-coaching or non-managing volunteer, aged under 25 years old, for an outstanding contribution to sport or active living.

The nominees are:



#### **Holly Morel**

Holly has volunteered at Jersey Parkrun since 2019 as part of her Duke of Edinburgh awards and her commitment, motivation and leadership has been outstanding in such a relatively short period and for someone so young. The team at Jersey parkrun cannot speak more highly of this young lady, her dedication and energy for what she does and how she does it.



#### **Eden Powell**

Eden is a dedicated, motivated and fantastic volunteer in Jersey Mencap's community projects. Eden reached out to the charity to broaden his experience of life, community and people as he embarks on the journey to study medicine. Eden brings smiles, enthusiasm and a 'can do' attitude to all his volunteering time with us and has been warmly welcomed by our Environmental Pound team, weekly Fitness Coaching sessions and our busy Social Club.



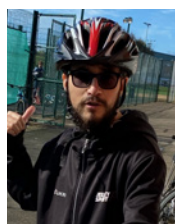
#### **Elliot Powell**

At the age of just 24 Elliot as manager of St Peter's FC, has led the senior team to 3 finals and the final day league decider, which is an amazing achievement for such a young coach. Elliot does as much off the field as on it, helping develop the club in all areas. He also regularly helps with the junior section. Elliot manages the pressure of the role expertly and is an inspiration to other young coaches and managers. Football is not his only passion and in the summer months - Elliot also volunteers in Cricket and has helped Jersey Cricket Board with their restructuring.



#### **Harry Walker**

During the last 12 months, Harry has fulfilled the role as JFA Referee Development Co-Ordinator and been instrumental in embedding the 'new' FA Referee Progression Pathway. This has involved co-ordinating training for Referee Observers (L5-4) and Match Day Coaches to support the referee promotion pathway. Harry has also led on distributing Referee Progression Packs (L7-6-5-4) which provides referees with greater control over their own progression. Harry is a member of the FA Centre of Refereeing Excellence (CORE) programme, attending quarterly development events and is an excellent role model for youngsters.



#### **Ryan Wilson**

Ryan came to Cycle Without Limits on a placement in June. Upon finishing his placement, Ryan chose to volunteer at CWL every Saturday and the different Move More Jersey walks we offer when he does not have college. Ryan has risen to every challenge and is very committed to supporting new riders. Without him CWL wouldn't be able to offer the level of support that we do to both new and existing clients that use our service.



## Friends of the Jersey Neonatal Unit Volunteer of the Year Award

Presented to a non-coaching or non-managing volunteer for an outstanding contribution to sport or active living.

The nominees are:



### Bill Baker

Bill Baker holds a 2nd Dan Black Belt. He started participating in Judo in 1982 and he took part in his first Island Games in 1995. Bill's Black Belt was awarded in 1996, he first qualified as a coach in 1997 and became British Masters Champion

in 2018 before becoming an Island Games Bronze medallist 2019. Last year Bill was coaching mainly on his own at Judo. Despite this, he was always there motivating the team and coaching all the classes.



### Richard English

Rich is the unsung hero of Jersey's running community. He puts in as much time volunteering each week as he does training miles. Not only is he part of the core coaching team at @jersey.runclub, he is one of the most regularly spotted

marshals at Trail Monkey events and also steps in to help with Jersey Spartans' races and Funktion Fitness' run group. Rich is also a race director at The Waterfront Junior Parkrun, where he is encouraging and supporting Jersey's next generation to get into sport too. Jersey's running community are very lucky to have someone as motivated and generous with their time as Rich.



### Sarah Heelis

Whilst Sarah is the Jersey Hockey administrator on a paid part-time role she is the backbone of Jersey Hockey and her role goes far above and beyond her job description. Sarah has acted as Director of Jersey Hockey, continues to

coach, umpire and play hockey. With the opening of the Hockey Clubhouse she has become property manager, events coordinator and also manages our catering staff and contractors. Sarah is key to hockey development, sitting on the development committee and organising all junior hockey coaching programmes and assisting with our off island representation with England Hockey player pathway. This season Sarah has also developed links with

England Hockey to promote Jersey as a full EH Talent Centre whilst developing links with Guildford Hockey to continue to support our most talented youngsters. Sarah really is the driving force behind Jersey Hockey and the 'go to' for any player, parent or supporter. Without the additional volunteer work, time and passion that Sarah shows we could not deliver the full programme with the level of professionalism and good governance that we do.



### Stephen Kearns

Steve has been involved in rugby union for over 40 years; first as a player, then as coach to youth teams at Jersey RFC. Unfortunately, rugby participation had fallen and one by one teams folded until only Jersey RFC were left in the Island.

As only the stronger players were getting a game, there was no outlet for those who enjoyed playing rugby but were not of a standard to compete at a high level. Steve took it upon himself to find a solution for those players and founded Jersey Royals RFC, bringing together players of all abilities, finding sponsorship and qualified coaches. He has put together a constitution and obtained registration for the Club as a charity. Initially, after spending many hours contacting regional clubs throughout the UK, games were with visiting teams. The number of games played slowly increased and the ethos of the Club was and is to ensure everyone had the opportunity to play. The number of players has increased steadily and Steve is now introducing a youth team to provide an outlet for town-based teenagers who, for socio-economic reasons cannot get easily to St Peter and Jersey RFC. This season, after building their funds, Steve's tireless work has allowed Jersey Royals to enter the Hampshire League, ensuring regular competition. Without Steve's drive and enthusiasm, there would be no rugby for those who enjoy rugby but cannot compete at national standard.



# Cameron s

## Camerons Move More School of the Year Award

Presented to a Jersey school (primary or secondary) for an outstanding example of encouraging participation in sport or physical activity within the school.

The nominees are:



### **d'Auvergne Primary School**

The d'Auvergne School motto is 'Fit for the Future'. 'We want our children to be academically fit; emotionally fit; socially

fit; technologically fit; and, of course, physically fit. The school's curriculum and extra-curricular opportunities are aligned to developing the 'Fit for the Future' agenda - in particular to develop children's physical literacy. All children participate in a 10-minute 'Daily Run'. Planned in the timetable, children do laps of the grounds and totals are recorded. This is an inter-house competition that encourages engagement. There are 22 After School Clubs on offer each week, the majority of which focus on exercise / sports. Nearly 200 children participate in a range of extra-curricular physical activities, through school, every week. The school partners with Jersey Sport and has a coach working across all year groups for 4 days per week, strengthening the whole-school PE offer.

Nearly every child in the school (450 pupils) are provided with a 'Home Physical Literacy' pack. The bag of equipment, with associated instructions and suggestions, allows children the extra opportunity to develop skills / strength / balance / flexibility out of school hours. Through the close analysis of pupils' stamina and flexibility, we support particular groups of children with additional early-morning 'Fitness Clubs'. Similarly, 'Strength and Conditioning' classes are directed towards specific groups / cohorts. Staff can attend Staff Badminton Club and / or Yoga sessions, free of charge.



### **FCJ Primary School**

FCJ Primary School staff supported their pupils to actively participate in the 2021 Jersey Marathon Mile. There was a strong staff presence on the day with

lots of fun and photos. FCJ Primary School went on to win the Jersey Sport Schools Shield for this event with the most pupils entered on a pro rata basis! Special mention to Ms Youngs who completed the whole marathon on this day. Ms Youngs has continued to inspire her Year 3 pupils to be physically active by introducing a 'Morning Mile' at school during the summer term. Her energy and enthusiasm for running is contagious and she is inspiring an active generation within a supportive school setting.



### **Les Landes School**

Les Landes School has encouraged pupils and parents to get out of their cars and cycle to school through cycling days and this year a group of

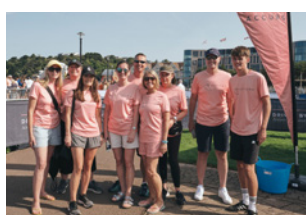
parents along with the school have set up the first 'Cycling Crocodile'. They have written and communicated policies and rules to all pupils/participants, arranged insurance, held a competition to design the Cycle Crocodile mascot and bought and printed hi-viz vests with the mascot and numbers for children and parent helpers to wear. They have also set up a Facebook page to communicate what days the Cycle Crocodile is being run each week and so parents can sign up their children to each ride. The cycle crocodile started just two days a week and now some weeks it is run most days. There has been improved cycling skills and increased confidence of the children cycling to school with the Cycling Crocodile. Les Landes School has plans to run a second crocodile, from another start location, to encourage and give confidence to even more pupils to cycle to school. Not only is the 'Cycling Crocodile' great for the environment, it eases traffic/parking outside school, it is a great way to start the day with some exercise and is also a social way to get to school for both parents and children; improving everyone's wellbeing.



## Grant Thornton Move More Workplace of the Year Award

Presented to a Jersey workplace for an outstanding example of encouraging participation in sport or physical activity within the workplace.

The nominees are:



### **Accuro Trust (Jersey) Ltd**

Accuro has a Fit & Well Team of 10 individuals who ensure that we keep workplace fitness and wellness at the top of our

agenda. They link to local opportunities and activities for their team to engage, often now combining activities with CSR and social engagements. Within the 1 August 2019 and 8 August 2022 time frame, they have taken part in: Subsidised gym memberships for employees and partners; more stand-up desks where required; after work running club; squash club; Sponsors and participants of the Accuro Jersey Triathlon (done virtually during Covid); send 2 members of staff to the participate in the Geneva Harmony Marathon each year; jigsaw puzzles in kitchen to encourage colleagues to take breaks from their desks; 2 days where a qualified PT gave 1 to 1 body composition analysis and related advice to make changes to employees health and wellness; sunscreen provided to staff with a message to take care when out enjoying weekend activities in Jersey over the summer; lockdown 30 day yoga challenge and supporting WhatsApp group with photos of family and pets joining in; funded employees to take part in the Prosperity Day fundraiser for JSPCA and Philip's Footprints (virtual stage of the Tour de France); gifted all employees with reflective wrist/ankle bands to assist with staying active as the days shorten; Fit & Well Christmas raffle with prizes from dumbbells to health recipe books; stalwart annual participants in the Swimathon; local providers Boost came in to give massages; provision of podcasts on keeping perspective and staying healthy in mind and body during remote working, including live workouts via Instagram; linked in with a music teacher who taught songs with movements over lockdown to support parents trying to work and home school; held the "Blinding Lights" family dance challenge; funded participants in the Jersey marathon run from home with one qualifying for the grand finale; we held a Couch to 5k challenge with supporting WhatsApp group;

held a family competition "30 Bays in your Favourite Ways" where there were fantastic prizes for supplying photographic evidence of families doing their thing on Jersey beaches, from dog walking to kite surfing; we held two virtual fitness challenges through the Conqueror Virtual Fitness Challenge Series, the "Jersey to Geneva Challenge" and the "Accuro European Tour" (mapping out virtually the distance from the Jersey office to the London office and then onto our Geneva office) where we had two teams of employees who could clock up miles by cycling, walking, running or swimming; we entered a team in "Pedal for Parkinsons"; Carey Davis-Munroe, (Speaker, Author, Coach) gave quarterly talks on the four pillars of health and their interconnections (how we move, how we eat, how we sleep, mindfulness); table tennis evening for all staff at JB's; Saturday morning beach clean for staff and families. Fit & Well Campaign further supports full health by also funding initiatives related to healthy eating and a healthy mind.



### **Highvern**

Highvern has gone from a new company, where very little participation in sports took place, to now taking part in most events on the island. They have a

dedicated individual assigned to organising events and have assigned a budget to it to ensure that cost of events is never a reason for people not to participate. Staff have signed up to become a Move More Coach with the Move More RunTogether programme, with work allowing time out for them to help with this. Highvern is now a much healthier and more active workforce. They took part in the alternative transport week to encourage people to become more active, by walking, cycling or running to work. As they grow, they continue to encourage all employees to get involved and move more. They have participated in and organised many steps challenges, including a Jersey to New York steps challenge with all individuals getting involved.





## Grant Thornton Move More Workplace of the Year Award

Presented to a Jersey workplace for an outstanding example of encouraging participation in sport or physical activity within the workplace.

The nominees are:



### **Prosperity 24/7**

Prosperity 24/7 fosters a workplace culture which promotes and encourages employee wellbeing and actively encourages a work/life balance, one

designed for employees to thrive. Prosperity strives to provide a positive work environment, so employees are happier, healthier, more productive, and supported to reach their personal and career development goals. Prosperity holds many wellbeing activities during work hours and pairs wellbeing activities, with being physically active. We recognise the importance of personal fitness and spending time absorbing our beautiful Island environment, and the positive impact that this can have on our mental health. One colleague put his martial arts knowledge to beneficial use, giving a session on self-defence for all staff at Castle Quay Green. They hold 're-connection' activities such as dog walks, social events, boat trips, walk and talks etc. during work hours throughout the post pandemic period to ensure staff support each other to be the best that they can be. Prosperity Day takes our active workplace philosophy beyond our own colleagues and out to our clients and the community. It is an opportunity for 15 corporate teams of three individuals each (as well as their respective supporting teams) to compete in an adrenalin filled, 30-minute virtual cycle race, utilising 3D race technology and turbo bike trainers, to take on an emulated virtual stage of the Tour De France. Client teams are encouraged to train, benefit from sports massages and nutrition advice, all to help them to consider their own wellbeing whilst amplifying the benefits within their own organisations.

They set colleagues the personal challenge to be active in June and to cover 247 miles in any active way that they can, from walking the dog, to cycling, swimming, rowing, running, hiking, coasteering. Prosperity support activities throughout the rest of the year in the form of regular community events, such as Cannacord 5k runs, Swimarathon, Trail Monkey runs and Hospice's Dragonboat. All year round colleagues are encouraged and provided the time to take up individual challenges, whether they are marathon runners, 500-mile cycling challenge participants for MacMillan, white collar boxers, round island walkers or at the other end of the scale, given 2 months off work to row 3,000 miles across the Atlantic in December – all are applauded, supported and acknowledged as critical factors in the wellbeing of their team which ultimately supports a high-performance organisation to thrive, supporting our own, continued prosperity."



## Les Amis Move More Group of the Year Award

Presented to a group, organisation or movement which has brilliantly inspired or promoted active living.

The nominees are:



### Cycle Without Limits

Cycle Without Limits is Jersey's first inclusive cycling centre. Their vision is to create an environment and opportunities to enhance

the lives of people living with a disability by ensuring that anyone can access the physical, emotional, practical and social benefits of cycling. They offer a range of adapted cycles that allow adults and children with disabilities or mobility issues, to enjoy riding in a safe, outdoor space. Their sessions are inclusive for disabled people and their families, carers or friends to enjoy. With the support of qualified instructors and volunteers, they will help participants try our cycles to find one that suits them.



### Jersey Girls Run

This group is not only great to increase your fitness, but is fantastic for motivation, fun and friendship. Totally inclusive, caring and giving members the

accountability they need (even during Covid when you could only run on your own), Jersey Girls Run has kept me going over the past few years and picked me up when I most needed it! The Jersey Girls Run group encompasses wonderful community spirit. The group is inspiring and supportive of all abilities. The run leader Laura has supported all the runners throughout Covid setting up scavenger hunts, weekly challenges, individual support and group support videos. The group focuses on the support for each other and running to improve our physical and mental health in a non-competitive group.



### @jersey.runclub

@jersey.runclub is a very open and friendly club which is inclusive and helps everyone in their running journey. In addition, volunteering and giving back

is at the core of the club with members getting involved with running and supporting local races and running events. All their sessions are free, and they don't charge to become a member, so it's open to everyone. They encourage volunteering and I have helped out at Parkrun and Junior Parkrun as a result (loads of other people at the club have done the same). The coaches are good too and they make a big effort to make everyone feel welcome and included, which is important for new runners. @jersey.runclub supports equality of all abilities. Regardless of level of fitness or experience - whether a seasoned runner or a complete novice, they can support all. This is coupled with the friendly, sociable, fun and relaxed atmosphere around each free-to-attend, weekly session - and all organised on a voluntary basis by the committed and caring coaches.



### The Waterfront Junior Parkrun

The Waterfront Junior Parkrun is a free, fun, and friendly weekly 2K running event for juniors aged 4 to 14 years old, taking place at

Les Jardins de la Mer. The run welcomes approximately 60 young people each week to take part. Junior Parkrun does a fantastic job at getting juniors involved in running regularly and helps them to embed physical activity into their lives.



## Jersey Mencap Manager or Coach of the Year Award

Presented to a manager or coach who has demonstrated all, one or more of the following attributes:

- Is a good role model
- Develops players
- Operates within the spirit of sport and encourages others to do the same through good sportsmanship
- Has the respect of players and officials
- Has strong communication and leadership skills
- Has shown a commitment towards improving their sport
- Has made a significant contribution to an outstanding performance or series of performances

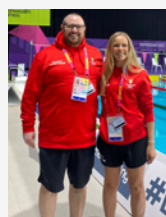
The nominees are:



### Vladimiro Afonso

Vladimiro is a regular competitor bringing home a multitude of silverware globally. 2nd in the world competing in Abu-Dhabi, he coaches an array of students to promote self-defence, fitness, mental health and inclusion.

He teaches kids the same principles and to promote anti-bullying. Hosting competitions locally to promote all of the above and provide new opportunities for local athletes to experience competitive Brazilian Jiu-Jitsu.



### Nathan Jegou

Nathan has been a dedicated and caring coach during Covid and in the time since we have returned to 'normal'. During Covid he fought for pool time for our athletes on a pathway to Commonwealth Games and he was a

support to those swimmers during their ups and downs with the unprecedented situation. As with all athletes, Covid made it very difficult to stay focused, but Nathan was always at the end of an email or a phone call, if any of his swimmers needed him. A number of those swimmers had moved off island to continue their swimming, but that has never stopped Nathan from considering them as his swimmers and being there for them every step of the way. Since a return to normality, Nathan has ensured that his swimmers have continued to thrive in a positive environment. Recent results at the Commonwealth Games were positive, although many of those swimmers are away from Jersey. However, results at the recent British and English National events with 'his' younger swimmers were fantastic. Only 7 swimmers qualified but between them they won 9 gold medals and titles, 3 silver medals and 3 bronze medals. A British record, Island records

and club records also fell during those two weeks. On a personal level, Nathan has supported both of my boys. One struggled through Covid and the other broke his arm just 11 weeks before Nationals. Nathan supported my younger son by devising a programme that he could do with his broken arm. It would have been all too easy not to swim for 6 weeks but Nathan kept him involved and focused with his vision still achievable. After having his cast off just 6 weeks earlier he achieved his goal and became a National medal winner and record breaker! Nathan's achievements as a Coach speak for themselves, but it is his selflessness and going above and beyond for his swimmers that makes him more than just a Swimming Coach.







## Jersey Mencap Manager or Coach of the Year Award (continued)

Presented to a manager or coach who has demonstrated all, one or more of the following attributes:

- Is a good role model
- Develops players
- Operates within the spirit of sport and encourages others to do the same through good sportsmanship
- Has the respect of players and officials
- Has strong communication and leadership skills
- Has shown a commitment towards improving their sport
- Has made a significant contribution to an outstanding performance or series of performances

The nominees are:



### Neil Macrae

Neil has coached Jersey Cricket to their highest level of international ranking. In August 2022, the team won the ICC Challenge League B after playing 3 rounds in Oman, Uganda and Jersey.

This means Jersey progresses to the

Cricket World Cup Qualifier Play-off, another step on the pathway to the World Cup in India in 2023. After finishing 4th out of 6 teams in Oman in 2019, Neil's leadership ensured Jersey secured 9 wins from 10 in rounds 2 and 3, in Uganda and Jersey. Winning 5 out of 5 in the heat and humidity of Uganda at the start of a 6-week period away from home in Africa in June/ July 2022 was a notable achievement and by focusing on one game at a time, and one over at a time, Neil set up the team to play with momentum and confidence coming into the last round on home soil which ultimately saw them crowned as champions. Neil commands enormous respect from the squad on and off the field. He consistently demonstrates role model behaviour in all aspects of the sport including discipline, well-being, mental health, nutrition, fitness. He continues to develop himself as a coach, for example injecting freshness around the team by bringing in experienced and specialist assistant coaching staff for short spells which has improved player performance and also improved his own coaching capabilities. He develops and maintains strategic partnerships with UK county and other cricket clubs to ensure there are high performance pathways for players of all ages, and so. Players keep improving by playing games against new opposition off island. He is and has been a key part of professionalising Jersey Cricket. Neil was instrumental in the strategy to create a new post of women's cricket development officer and the appointment of Maddy White at the start of the

2022 season. Under Neil's leadership, Lee Meloy, Performance and Development Manager, and Maddy have increased participation numbers and the quality of the Jersey women's team. Recent achievements include a 3-0 whitewash over Guernsey, 2-1 victories over Hertfordshire. His ability to retain and develop coaching staff for Jersey cricket has been proven. Dominic Blampied is now a Level 3 coach focusing on junior development having been mentored and guided by Neil all his career. A number of Jersey's coaches, groundsmen and players now have UK or Jersey based contracts and are earning a living within cricket. By partnering with Strive, he has changed the culture around player training, diet and nutrition, and fitness. His appointment of a sports rehabilitation specialist has been a key factor in the team's progress and was a critical success factor in the Challenge League B win. At grass roots level, Neil prides himself on being visible and on top of the many playing levels of cricket in Jersey. Rain or shine, you can find him just as engaged on the boundary (in his distinctive white floppy hat!) at an under 11 game as he will be at a senior game. He is constantly driving round the island to watch players, coaches and officials - and then using that insight in his coaching, selection etc. Jersey cricket is very lucky to have a coach as committed as Neil; it's no coincidence that all areas of Jersey Cricket - men's, women's, juniors - are all knocking it out of the park and the game is thriving.



### Gary Tumelty and James Beaumont

Gary and James are passionate managers and coaches at the St Clement's Football Club - their development to players and commitment to the club got the team to their first topflight league title in the history of the club in April this year. The title race went right down to the wire, with a late goal in their last league game against St Peter - enough for a draw to see them finish one point above their opponents in the table.

# OCORIAN

TRUSTEES

## Ocorian Trustees Sports Organisation of the Year Award

Presented to a club, association or sporting organisation which has demonstrated a commitment to good governance, and excelled in all, one or more of the following areas:

- Grassroots Sport
- Club Sport
- Performance Sport

The nominees are:



### Commonwealth Games Association of Jersey

The Commonwealth Games Association of Jersey are committed to getting Team Jersey to each

Commonwealth Games and the hidden work that goes into each game's cycle is immense. The performance of the Team in Birmingham was excellent and none of that would be possible without the work of the volunteer committee who worked so hard for four years so our athletes can perform and do the island proud over 12 days on the world stage.



### Jersey Bulls

The Jersey Bull's vision is to create a sustainable, successful, financially viable, democratic football club that creates and maintains real and lasting benefits to

its members and the local Jersey community. The club's mission is to improve playing standards and offer our elite players the opportunity to play at higher levels on a regular basis, cultivate standards of behaviour that are based on fair play and respect to all, and provide an entertaining and rewarding experience for the club's supporters. The club was formed in August 2018, with their first game played in July 2019, with the Bulls also making their mark in the Premier League and FA Cup to date. Last year the team brought together a record crowd with many of the local community coming together to back the Bulls! The club has many pathways into football including Juniors, Elite Players and community participation. Jersey Bulls help raise the profile of the Island by climbing the leagues and being involved in successful Cup runs (FA Trophy/FA Cup/FA Vase). The amount of people they positively impact through sport is amazing and should be recognised.



### Jersey Football Association

The Jersey Football Association has demonstrated the highest level of governance for the last two seasons. At Board level there has been

significant transformation which has seen new Directors appointed following a Board Skills Review and transparent recruitment process. The Articles of the Association have been updated to reflect best practice of modern governance, whilst a new Board Handbook has been developed to ensure the highest level of accountability for members. New Committees have been formed (Nominations Committee, Commercial Committee) to meet the needs of the business. The association has also shown its commitment to Equality as the only sports association in Jersey to obtain the UK Equality Standard Foundation Award and is currently working towards the Prelim Level. This work has included the development of an Equality Action Plan as well as an equality survey to players and coaches which received over 360 responses. Transparency is key in governance and the JFA ensured a considerable amount of public consultation was involved in the development of its 3-Year strategy 'Game for Change, Game for Life'. This transparency extends to a public 'How are We Doing?' survey that is launched each year. The governance of the association is also reflected in its accountability to partners. Just recently, a full safeguarding audit by the NSPCC highlighted that the JFA exceeded best practice in many areas of safeguarding. In addition, the annual AGM ensures the organisation is held to account by its member clubs. It is at this AGM where an annual report will be presented, as well as it being sent out to all partners.

Overall, the JFA is due to be only the 7th county in England to be awarded the FA Code of Governance Award. This standard is set higher than that of the Sport England Code of Governance, particularly in its diversity requirements of the Board.

# OCORIAN

TRUSTEES

## Ocorian Trustees Sports Organisation of the Year Award (Continued)

Presented to a club, association or sporting organisation which has demonstrated a commitment to good governance, and excelled in all, one or more of the following areas:

- Grassroots Sport
- Club Sport
- Performance Sport

The nominees are:



### Jersey Rowing Club

Membership of the Jersey Rowing Club has increased over the past two years, predominantly due to their 'Have a Go' Row sessions, aimed at

introducing people to the sport and they have had new crews taking part in their race season as well as the Sark to Jersey race. A number of club members now hold their PB2 qualification to enable them to drive the club's rib guard boats or are nearing completion of their training to be L2 advanced coaches to help coach these novice rowers. Regular weekly training sessions for the new novice rowers have taken place throughout the year. Community rowing sessions also took place during the winter months, comprising rowing in the harbour under the light of the harbour and erg training in the clubhouse.

These sessions enabled members of different crews and of differing experience row and train together. An impromptu Rowathon to raise funds to Ukraine took place earlier in the summer, raising just over £2,000. They have had success at the British Offshore Coastal Rowing Championships with one of their rowers currently trialling to be a part of the GB rowing team. As a result of receiving grants and donations the club has been able to buy some high performing boats which has contributed towards its success. These boats are regularly used by the performance section of the club and enable rowers to train in high performing boats they would otherwise only get to row in when competing in offshore events. Over the past 2 years the Jersey Rowing Club has become more of a community focused rowing club rather than a club of private boat owners and this deserved to be recognised.







## **Aztec Financial Services (Jersey) Limited Sporting Performance of the Year (U21) Award**

Presented for an outstanding performance or series of performances from an individual or team, aged under 21 years old.

The nominees are:

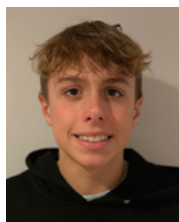


### **Thomas Burns**

Thomas Burns is a Clay shooting phenomenon and rising star of the future. He is recognised nationally and internationally as one of the Top Junior Olympic Trap Shooters in Europe. Training 4 days a week, he gives 100%

dedication and commitment to winning Olympic Gold at Clay Shooting. He competes 49 weekends a year nationally and internationally against the World's Top Junior Clay Shooters. Thomas' achievements include:

- Silver Medal at the Spanish Malaga OT GP 2022
- British UT Junior Champion 2022 and 2021 Selected for Team GBR British Shooting Junior Olympic Trap Nordic Team 2022
- 3rd in the British Shooting Junior Olympic Trap Series 2021
- 26 Junior Clay shooting National titles
- 6 International Competitions
- 1 European Title
- Been placed in the top 3 over 25 times in the overall category competitions
- Won a Team Bronze medal at the Island Games in Gibraltar and an individual Silver in the Clay Shooting competition



### **Filip Nowacki**

Filip is a Tigers swimmer who has had a successful year and is tipped for future international success, after the teenager broke a national record at the 2022 British Summer Championships. Filip is a dedicated swimming athlete who has

won 4 British National age group titles in Sheffield Ponds Forge - he also broke the 14 years British age group record for the 200 Breaststroke.



### **Hannah Silcock**

Having just turned 15 years old, Hannah Silcock was the youngest member of Jersey's Commonwealth Games 2022 team in Birmingham. She was selected to compete by the International Table Tennis

Federation thanks to her performances leading up to the Commonwealth Games. She qualified out of her women's singles group after beating players from Uganda and Mauritius to reach the final 32. She then put on a sterling performance on show court no.1 at the NEC Birmingham against England no.1 Tin Tin Ho. Despite falling 2 sets behind, she had the mental strength to dig deep and level the match at 2 sets all, clearly rattling Ho at times. Although Hannah eventually lost the match 4-2 (11-4, 11-6, 13-15, 9-11, 11-3, 11-4) to the older, more experienced player, as always, she demonstrated real character. Her ability to perform at the top of her game under great pressure, born out of a deep commitment to training in Jersey, the UK and around Europe, and her refusal to give up until after the final ball, makes her a worthy ambassador for Jersey and an inspiration for girls' and women's sport.



### **Libby Watts**

15 year old Libby from Jersey's Regent Skating Club was crowned British Champion at the GB Skate Artistic British Dance Championships in July this year. Libby won the British Junior Roller Figure Skating Championships and is a real inspiration to the rest of the club.



## **ROK Sporting Performance of the Year Award**

Presented for an outstanding performance or series of performances from an individual or team.

**The nominees are:**



### **Jersey Cricket**

Jersey Cricket has never been ranked higher in international cricket than it is now. In August, the team won the ICC World Cup Challenge League B which means they enter the ICC Cricket World Cup Qualifier Play-off, the next pathway

event to the World Cup in India in 2023. Jersey Player, Asa Tribe won player of the tournament. Fixture congestion caused by Covid meant a 6-week trip to Uganda, Namibia and Zimbabwe in June/July 2022 followed by the final round of Challenge League B fixtures here in Jersey in August. Ranked against Italy, Bermuda, Kenya, Uganda and Hong Kong. Round 1 was in Oman in 2019, Jersey finished 4th in the table. Round 2 was in Uganda and round 3 at home in Jersey. In hot and humid conditions, the team won 5 out of 5 when in Uganda and in our heatwave, won 4 of 5 in Jersey to top the table and move to the next stage. Since losing in Oman in 2019, the team have developed a ruthless style and solid team bond which took them to 10 games unbeaten to dominate the opposition including many experienced first class international players and full time professionals. The way Jersey play their cricket and knowing the small size of our player selection pool won the side many friends whilst touring. Seeing the poverty in Africa, players donated kit, clothing, footwear, medication and toiletries to clubs in Uganda and Zimbabwe.



### **Rhys Hidrio**

Rhys gave excellent performances representing Jersey during the Commonwealth Games in Birmingham 2022, which was his third Games representing Jersey. Rhys finished 10th place in the mountain bike course, with

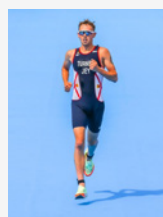
a pack of full-time professional riders ahead of him and finished 28th in the road race. Rhys displayed inspiring team work and professionalism by supporting his Jersey team mates with fuelling during the road race and technical preparation ahead of the mountain bike race.



### **Daniel Lee**

Daniel finished 6th in the men's all-round gymnastics final at the Commonwealth Games in Birmingham 2022. In one of his best performances of his career he excelled on all six of the different apparatus to record a score of 79.450.

Daniel was given the honour of carrying the Jersey flag at the Commonwealth Games closing ceremony.



### **Ollie Turner**

Ollie represented Jersey at the 2022 Commonwealth Games and finished an impressive 15th out of 45 in the men's sprint event. Ollie has progressed significantly in recent years having competed strongly abroad and in

Super League Triathlon. He has a considerable amount of Super League experience and took part in the Super League Championship Series.



## **Special Achievement Award**

Presented to someone who has achieved outstanding attainment in sport or active living, either through playing, coaching, officiating, volunteering, promoting or working in sport or active living.

The winner of the Special Achievement Award will be announced at the RaceNation Sport and Move More Jersey Awards 2022.



## **Beresford Street Kitchen Lifetime Achievement Award**

Presented to someone who has achieved outstanding attainment in sport or active living, either through playing, coaching, officiating, volunteering, promoting or working in sport or active living.

The winner of the Special Achievement Award will be announced at the RaceNation Sport and Move More Jersey Awards 2022.



## **Local Hero Award, sponsored by Reiach and Hall Architects, and Axis Mason**

Recognising the effort and achievements of an islander's contribution to local sport and physical activity.

The winner of the Local Hero Award will be announced at the RaceNation Sport and Move More Jersey Awards 2022.



## **Jersey Sport Hall of Fame, sponsored by Ocorian Trustees**

The Jersey Sport Hall of Fame, sponsored by Ocorian Trustees, was founded in 2018 to recognise the achievements of Jersey's sports stars through the ages, past and present. Inductees into this prestigious group will have performed on the national stage, world stage, or will have demonstrated an outstanding contribution to island sport. Entrants into the Jersey Sport Hall of Fame must no longer be active in professional sport.

Local sports stars will be inducted into the prestigious Hall of Fame at the RaceNation Sport and Move More Jersey Awards 2022.

**Thank you to everyone for your nominations, congratulations to all our Award nominees and winners, and a massive thank you to our Award sponsors - especially to our headline sponsor, RaceNation.**

*We hope you all have an enjoyable evening celebrating sport and active living in Jersey!*



Please share your photos from this evening on social media using #JerseySportAwards2022



[www.jerseysport.je/awards-2022](http://www.jerseysport.je/awards-2022)

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