

JERSEY SPORT COVID-19 Guidance for Sport

Updated
11 May 2020

Guidance for Sports

Introduction

Today, Jersey moved to Level 3 of [Jersey's Safe Exit Framework](#).

Jersey Sport has reviewed the new guidance in detail with the Government of Jersey to consider the impact and opportunities for sports. This exercise brought up several questions that we now have some clarity on.

Our aim is to share the learning points and highlight the relevant guidance for sports clubs, associations, and groups as you start to plan for the re-opening of certain outdoor activities.

There are likely to be specific scenarios that may be unique to your sport, or potential grey areas that you would like clarity on. Our advice is to get in touch if you are in any way unsure how any part of the guidance applies to your sport. We will do our best to help you understand the guidance or to pose the associated questions directly to the Government for clarification.

It is worth noting that specific measures within each level of the Government's framework may be introduced at different times and there are currently no associated timescales so sports are advised to closely monitor the [latest advice from the Government of Jersey](#).

As detailed in the framework, physical distancing is likely to be with us for several weeks and months, leading to a "new normal". This will require some sports to be creative, to think differently and to derive new ways of training and competing to fit within the Government's guidelines, to keep athletes, officials, and our island community safe.

At all times, please follow the [Government of Jersey's health advice](#).

Considerations Before Opening

When considering how your sporting organisation is going to introduce different types of activities these are some key points to consider:

1. **Government of Jersey guidance** - Are you confident you fully understand all aspects of the relevant guidance and that you can 100% adhere to it?
2. **Risk assessments** – have your risk assessments been reviewed and updated to include COVID-19, to reflect the current situation and any new measures introduced?
3. **Fire muster points** – as part of your risk assessment the number and location(s) of fire muster points should be considered so gathering numbers are not exceeded and the risk of spreading COVID-19 is not increased in the event of a fire alarm being sounded.
4. **Safeguarding** – how will you maintain safeguarding in line with any new measures your organisation is putting in place? Have your policies and procedures been reviewed and updated for children and adults? Particular attention should be paid to any online activity your sports organisation is involved with.
5. **Insurance** – have you checked the terms of your insurance and are you satisfied it will be valid for all activities, venues, or facilities you decide to open?
6. **National Governing Body (NGB) or World Federation** for your sport – are you following the latest advice? If in doubt, discuss specific circumstances with your NGB or World Federation as there may be an impact on your associated affiliation or membership. This may in-turn affect any associated insurance or other benefits.
7. **Booking systems** – how will you ensure the number of people at your venue at any one time will always be within the Government’s guidelines to avoid over-sized gatherings? How has this been communicated to your members?
8. **Car park or other congregation points** – be sure to manage numbers at all times to keep within the guidelines and to meet hygiene requirements. We recommend a ‘Play and Go’ approach to avoid the potential for large gatherings to occur. Ensure adequate time between groups or sessions to allow previous users to leave before any new users arrive.
9. **Cleaning regime** – do you have an appropriate cleaning regime in place to meet the relevant hygiene requirements? Is it clearly documented and communicated?

Level 3: Soft Lockdown

Advice for all Outdoor Activities	<p>This is any activity or exercise that takes place entirely in the open air. You should continue to take sensible precautions to minimise the risk of contracting or spreading COVID-19:</p> <ul style="list-style-type: none">• Physical distancing of 2 metres between non-household members is upheld at all times• Good hygiene is maintained (like hand washing or using alcohol-based sanitisers, not touching your face and that surfaces and touch points are kept disinfected)<ul style="list-style-type: none">○ Athletes are reminded to cover their mouth and nose when clearing airways with a disposable tissue or sneeze into the crook of their elbow. Spitting should be strongly discouraged.• Any activity should not have an associated unreasonable risk that might put pressure on blue light services and the hospital through accidents occurring
Outdoor Sports Facilities	<p>Outdoor recreational sports facilities, or the outdoor areas of recreational facilities that have both indoor and outdoor areas (e.g. golf courses, outdoor mini-golf courses, tennis courts, lawn bowling greens, equestrian centres, shooting ranges) may open subject to detailed guidelines.</p> <p>These facilities must put necessary public health measures in place to reduce the spread of COVID-19.</p> <p>Swimming or paddling pools, alone or as part of larger facility, should remain closed owing to the difficulty in maintaining both physical distancing and adequate hygiene for these facilities.</p> <p>See all related guidance on the Government of Jersey's COVID-19 advice for businesses page.</p>
Companies offering outdoor recreation services, including coaches and instructors	<p>The following may open if they are able to put necessary public health measures in place to reduce the risk of the spread of COVID-19:</p> <ul style="list-style-type: none">• outdoor activity equipment hire services• land based tours (e.g. walking tours)• boat tour services (where vessels can carry one household at a time or can maintain physical distancing between people who do not live together)• businesses offering training or tuition in lower risk outdoor activities that, with planning, can take place with participants and instructors maintaining a distance of 2 metres from each other (e.g. outdoor yoga / pilates classes and personal training) <p>Professional coaches, instructors or businesses delivering outdoor recreation services are working in a non-essential business and therefore:</p> <ul style="list-style-type: none">• Are not subject to a time limit outside of their home for this work purpose. However, their customers, service users or club members are subject to the Government's guidelines, currently up to 6 hours outside the home per day.

	<ul style="list-style-type: none"> • Are not subject to meeting a maximum of 5 people from outside of their household per day, for this work purpose. However, this number should not be exceeded at any one point in time and adequate time should be given between sessions to allow user(s) to transition without crossing-over with the next user(s). <p>See all related guidance on the Government of Jersey’s COVID-19 advice for businesses page.</p>
<p>Indoor Sports Facilities</p>	<p>Indoor facilities associated with any of the above should remain closed to customers and the public, except for the minimum time possible for the purposes of entry/exit, ticket sales and controlled access to toilet facilities for outdoor facilities highlighted above.</p> <p>Other indoor sports venues and facilities must remain closed.</p> <p>An indoor area means: an area, room or other premises that is or are substantially enclosed by a roof and walls, regardless of whether the roof or walls or any part of the roof or walls are:</p> <ul style="list-style-type: none"> (a) permanent or temporary; or (b) open or closed <p>See general business guidance.</p>
<p>Advice for all Sports Organisations in Level 3.</p>	<ol style="list-style-type: none"> 1. Outdoor recreational activities should only open where it is possible to frequently clean regular touch points. 2. Equipment should be the customer's own wherever possible and if shared should be disinfected between use by different customers. 3. Where there is a significant amount of shared equipment or when it is not possible to clean equipment between users the outdoor recreation facility should remain closed. 4. All public health guidelines must be met at all times, including the maximum number of people gathering at any one time – currently an individual or household plus up to 5 people from outside the household, provided physical distancing is maintained with those from outside your household. 5. More than one group/ gathering may be at the same outdoor club, venue, or facility at a time where there is adequate space. <ol style="list-style-type: none"> a. The distance between different groups/ gatherings must always be maximised and groups should not come together or merge at any time. b. Each group must be within the Government’s specified gathering limit (household or individual plus up to 5 from outside the household) and 2-metre physical distancing must always be maintained with those from outside your household. c. For example: an outdoor bowling club may allow alternate “rinks” (lanes) to be open so there is clear separation and

	<p>distance between each user group. E.g. rinks 1, 3, and 5 may be used. The same principle may be applied to outdoor sports courts, fields, tracks, or pitches</p> <p>6. ‘Play and Go’. Discourage lingering before and after play to avoid over-sized gatherings and the potential to spread COVID-19.</p> <p>7. Toilet facilities may be opened at outdoor sporting venues or facilities if access is controlled, appropriate signage should be in place, a one person at a time policy is recommended, appropriate cleaning, hygiene and physical distancing should be maintained. See detailed guidance for the cleaning of premises and toilet facilities.</p> <p>All sports organisations should be familiar with the Government of Jersey’s Safe Exit Advice for all Businesses. The principles can apply to all sports clubs and organisations.</p>
<p>Sports Clubs or Businesses Selling Food</p>	<p>Where these sports clubs or businesses sell food either at kiosks or for takeaway or where al fresco seating is possible in line with the guidance, these facilities may open.</p> <p>Advice for the food and drink sector should be followed.</p>
<p>Support for Sports</p>	
<p>Support for sports</p>	<p>These are clearly unprecedented and challenging times and we would like to highlight that you are not alone.</p> <p>When your sports committee is feeling the pressure to make tough decisions please remember other clubs or organisations are likely to be facing similar situations. Jersey Sport is here to discuss things with. We will do our best to help advise; point you in the right direction; to connect you with other sports or clubs who may be in a similar situation; and/ or just be on the end of the phone to help chat things through.</p>

Please get in touch to discuss the issues surrounding COVID-19 for your sport:

- James Tilley, Head of Sport, Schools & Business, 757710
- Or, email: coronavirus@jerseysport.je

Anybody is welcome to join the Jersey Sport Mailing List for Sports, to receive the latest updates direct to your email, by simply sending a request to coronavirus@jerseysport.je including your name, sport and club/ organisation name.